Education Update

August 2018

Wellness programming has taken a break during the summer after successful six months of qigong classes. Our instructor, Tanner Hansen, may be able to return to Valley of the Moon in January. A new instructor, Liz Burrola has agreed to offer yoga classes in September. Her specialty area is yoga to support healthy aging. It is possible we will have a chair yoga class.

The first Historic Preservation Workshop series has been completed. Workshops included Introduction to the National Register, Applied National Register, Hot Topics in Preservation at Valley of the Moon, Historic Research Basics, Applied Historical Research: Archives. Future offerings planned are Valley of the Moon as a Historic Landscape and Restoration of the Adobe House

Sunny Herndon and I are attending meetings of the Az Youth Mental Health Alliance to reduce stigma of living with mental disorders and seeking help. It is likely this will result in programming at Valley of the Moon.

We are also exploring offering a certificate program to teach historic preservation concepts and skills for construction managers with Kate Doaks. Kate is making the effort to become more familiar with Valley of the Moon.

Autum and I have begun Training of all volunteers on Volunteer Policy. We completed a leadership training for the leaders of the upcoming play and worked out logistics of getting the cast trained. Attendees had good ideas about how the training can be tailored specifically to younger cast members.